



Freedom in a Box

Donating Bras to Help Women Recover from Human Trafficking

Have a few ill-fitted bras you've never worn stashed away in the back of your drawer? Many women do. Rather than sending these bras to the local landfill, women can donate their gently-used bras to **Free the Girls**. This non-profit organization partners with safe houses and aftercare providers to offer sustainable employment opportunities for women rescued from sex trafficking around the world.

Did we say BRAS? Yes! In most developing countries, bras are rare, sought after items. Over 70% of the world buys second-hand clothing and women selling donated bras may make three to five times the minimum wage in their communities. Selling bras also provides opportunities for these women to work exclusively with other women, which is important for a survivor who is working on recovering from years of being trafficked predominately by men. The women are able to build their own business selling bras while going to school and working to establish a home. The women in each program initially receive a box of bras at no cost and then pay below wholesale prices for any future inventory they wish to buy for future sales, investing and taking part in their own business venture. Revenue from inventory sales covers overseas costs to ship more bras to the after-care facilities hosting the Free the Girls programs. Free the Girls works with survivors of sex trafficking in developing countries like Uganda and El Salvador. Tens of thousands of bras are shipped around the globe to help survivors build a new life. The best part is anyone can help.

How to Combat Human Trafficking

There are a number of ways to help combat human trafficking. Donate bras or host a bra drive, join an anti-trafficking coalition and learn signs to identify victims and how to report human trafficking. For more information on how to help survivors with Free the Girls or start a bra drop-off location in your area, visit Free the Girls at <http://freethegirls.org> or contact them at info@freethegirls.org.

Now, Amazon Give Back Box offers a flat rate to ship all your bras. Collect, go to this link: <https://givebackbox.shop/products/free-the-girls-accepts-new-and-gently-used-bras-in-good-condition> and ship them off to help combat human trafficking!

Become a Warrior Against Slavery! Other ways to help fight slavery - become a conscious consumer and purchase fair-trade, slave-free clothing, food and products. Some great online stores: SERRV.org and <https://wearpact.com>. Host a discussion on human trafficking, or use social media to make a stand against human trafficking and sexual exploitation.

To help locally or to donate your bras, contact Kara at karagogreen@gmail.com

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